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Football Is For Girls: A Modern Chick's Guide To Understanding The Game



Synopsis

Football has become America's true national pastime, but without a basic understanding of the game, it can be difficult to watch and enjoy. Football Is For Girls is a book for women that explains the game from the ground up. The game, its players, its concepts and its strategies are clearly explained in an easily digestible format. For anyone who has an interest in watching more of the game, but just can't seem to completely grasp what is going on and why, this book was written for you.

Book Information

File Size: 193 KB

Print Length: 46 pages

Publisher: Rachel Oliver (April 15, 2015)

Publication Date: April 15, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00W7NKN4G

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #96,564 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #20 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Football (American) #45 inÂ Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Sports & Outdoors #55 inÂ Books > Sports & Outdoors > Coaching > Football (American)

Customer Reviews

I am a middle-aged American woman who happens to enjoy watching football. This didn't come naturally, though. It took many, many years of being baffled and asking a lot of stupid questions before I had a clue about what was really happening on that field. Author Rachel Oliver has written a brilliant guide to football for those who wish to skip the pain and learn the basics so that they can finally join in the fun, or at least participate in the office conversation. Oliver covers it all, from the basic rules, offense and defense, to some more complex ideas for those who are interested. An excellent read and one where I actually learned a few new things. Highly recommended. (The

opinions given in this review are 100% my own and are unbiased.)

This book nailed it. Not too complicated but just enough to finally understand it when my boyfriend is watching.

This book is just what it promised to be. After years of feeling bored with football, and left out of all the excitement, I am enjoying watching the game more than I ever thought possible. The author assumes that the reader has at least attempted to watch a few games, and approaches the subject in a very straight forward, enjoyable, and clear to understand way. From why does it matter, to who are the players, what are the rules, definitions, and various play strategies, she covers all of the important factors of the game in a very concise manner. At the end of the relatively quick read, you will know enough to at the very least ask intelligent questions as you watch a game. I have now read the book three times and am enjoying this football season immensely. I not only have fun watching a game, but am able to participate in discussions with friends and other acquaintances about our team. • Whether you are a complete novice, or simply want to increase your understanding of the game of football, I highly recommend this book.

Bought this for my fiance. Was hoping for something a little more engaging. This mostly is a recitation of the rules - which I can do. Would be good for someone that is strictly self teaching.

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